

# LUNCH MENU

## JUNE/JULY 2023

MON	TUE	WED	THU	FRI
Available Daily: Fresh Fruit, Salad, Soy Butter, Jelly, Hard Boiled Eggs, Tuna, Trans Fat Free Margarine, Asst. Breads, Pasta, Gluten Free Pasta, Salad	Available on Dairy Days: Cream Cheese, String Cheese, Low Fat Yogurt, Cheese Slices	<b>28</b> Chicken Nuggets French Fries Pickles Fresh Fruit 	<b>29</b> Brunch for Lunch Pancakes  Cereal, Yogurt, Mini Muffins, Cheese, Bagels	<b>30</b> Pizza Fresh Fruit, Challah, & Grape Juice 
<b>3</b> Pasta and Meat Sauce Italian Bread Fresh Fruit 	<b>4</b> Camp Closed	<b>5</b> Deli Sandwiches Turkey, Bologna, Salami, Asst Breads & Rolls, Cole Slaw, Fresh Fruit	<b>6</b> Lasagna Fresh Fruit Vanilla/Chocolate Pudding 	<b>7</b> Pizza Bagels Fresh Fruit, Challah, Grape Juice 
<b>10</b> Sloppy Joes, Potato Chips, Fresh Fruit 	<b>11</b> Chicken Nuggets Tater Tots, BBQ Sauce, Pickles, Fresh Fruit	<b>12</b> BBQ Burgers, Hot Dogs, Veggie Burgers, Corn, Pickles, Fresh Fruit 	<b>13</b> Pasta and Meat Sauce Garlic Bread Fresh Fruit	<b>14</b> Pizza Fresh Fruit, Challah & Grape Juice 
<b>17</b> Deli Sandwiches Turkey, Bologna, Salami, Asst Breads & Rolls, Cole Slaw, Fresh Fruit	<b>18</b> Baked Ziti with Ricotta Cheese Fresh Fruit 	<b>19</b> Brunch for Lunch Waffles  Cereal, Yogurt, Mini Muffins, Cheese	<b>20</b> Mac and Cheese, Fresh Fruit, Chocolate/Vanilla Pudding 	<b>21</b> Pizza Bagels Fresh Fruit, Challah, & Grape Juice 
<b>24</b> Grilled Cheese Chips Pound Cake Fresh Fruit 	<b>25</b> Lasagna Fresh Fruit Chocolate/Vanilla Pudding 	<b>26</b> Bagels Cream Cheese, Cheese Slices, Tuna Salad, Egg Salad Fresh Fruit	<b>27</b> Brunch for Lunch French Toast Yogurt, Cereal, Mini Muffins	<b>28</b> Pizza Fresh Fruit, Challah & Grape Juice 

# LUNCH MENU

## AUGUST 2023

MON	TUE	WED	THU	FRI
<b>July 31</b> Pasta and Meat Sauce Italian Bread Fresh Fruit	<b>1</b>  Grilled Cheese Potato Chips Fresh Fruit	<b>2</b> Chicken Nuggets Mashed Potatoes Pickles Fresh Fruit	<b>3</b> Mac and Cheese Pound Cake Fresh Fruit 	<b>4</b> Pizza Bagels Fresh Fruit, Challah, Grape Juice 
<b>7</b> BBQ Burgers, Hot Dogs, Veggie Burgers, Corn, Pickles, Fresh Fruit	<b>8</b> Chicken Nuggets Tater Tots, BBQ Sauce, Pickles, Fresh Fruit 	<b>9</b> Sloppy Joes, Potato Chips, Fresh Fruit 	<b>10</b> Ravioli and Sauce Garlic Bread Fresh Fruit 	<b>11</b> Pizza Fresh Fruit, Challah, Grape Juice 
<b>14</b> Mac and Cheese Fresh Fruit Chocolate/Vanilla Pudding	<b>15</b> Meatball Hero Chips Fresh Fruit 	<b>16</b>  Lasagna Fresh Fruit Pound Cake	<b>17</b> Chicken Nuggets French Fries Pickles Fresh Fruit	<b>18</b> Pizza Bagels Fresh Fruit, Challah, Grape Juice 
<b>21</b> Banquet Chicken Nuggets, Mini Hot Dogs, Tater Tots, Veggie Egg Rolls, French Fries, Dessert	<b>22</b> Pizza Fresh Fruit Cookies Apple Juice 			
			Available Daily: Fresh Fruit, Salad, Soy Butter, Jelly, Hard Boiled Eggs, Tuna, Trans Fat Free Margarine, Asst. Breads, Pasta, Gluten Free Pasta, Salad	Available on Dairy Days: Cream Cheese, String Cheese, Low Fat Yogurt, Cheese Slices